



Classroom Instruction

Phase Three – Spiritual Foundations (approx. 8 months)

- **Freedom from Addiction:** Learning self-sustainable sobriety.
- **Spiritual Foundations; a life of faith:** (5 different book studies)
- **Giving Back to Survivors:** Learning to help and mentor others.
- **Parenting Effectively:** (For those with children)
- **Emotionally Healthy Relationships:** Learning to love people, and avoid abuse.