



Classroom Instruction

Phase 2 - Vocational Foundations - Curriculums (weekly classes for 4 months)

- **Relapse Prevention (level 2):** Learning to manage sobriety on your own.
- **Codependency (level 2):** Learning to apply healthy boundaries and relationship dynamics.
- **Personal Finance & Budgeting:** Understanding and applying money management.
- **Financial Literacy:** Understanding the basics of finance, debt and borrowing.
- **Employment Preparedness:** Developing employment, interview and applications skills.
- **Spiritual Discovery:** Understanding the Biblical narrative and exploring faith.
- **Case Management:** Using community resources and tracking program progress.
- **Trauma Counseling:** Continuation of individual trauma focused therapy.
- **Personal Mentoring:** Encouragement and support from a local volunteer of the resident's choosing.